

# Educational Visit 2023

## “The patients’ need for a multidisciplinary team”

### Learning objectives

- Get an insight into the organization of team rehabilitation and rehabilitation competences in Denmark, and discuss differences and similarities with your country and implications for research
- Learn and share new and interesting research in arthritis rehabilitation
  - Present and discuss your research with fellow PhD students, Postdocs and Senior Researchers
- Get insight into how to work with patient research partners and why
  - Extend your international research network

### Internal speakers



Oliver Hendricks  
Professor, MD & Research Leader  
University of Southern Denmark



Jette Prímdahl  
Professor, RN  
University of Southern Denmark



Ann Bremander  
Professor, PT  
University of Southern Denmark



Ninna Hoegh  
Senior Project Manager  
The Danish Centre for Expertise  
in Rheumatology



Karen Schreiber  
Associate Professor, MD  
University of Southern Denmark



Hjørdis Nielsen  
Social Worker  
The Danish Centre for Expertise  
in Rheumatology



Christina Tvede Madsen  
PhD Student, OT  
University of Southern Denmark

### Invited speakers



Bente Appel Esbensen  
Professor, RN  
Copenhagen University Hospital -  
Rigshospitalet Glostrup &  
University of Copenhagen



Annette de Thurah  
Professor  
Department of Rheumatology,  
Aarhus University Hospital



Emma Dures  
Adjunct Professor, Psychologist  
Bristol, UK & University of Southern



Sanel Teljigovic  
PhD Student, MSPT  
Department of Physiotherapy, University College Absalon, Næstved

7th - 11th MAY



# SUNDAY

7th of May

- Afternoon** Arrival at Sønderborg  
Transport on you own to and check in at Hotel Sønderborg Kaserne,  
Gerlachsgade 8, 6400 Sønderborg, Denmark
- 18.45** You will be met in the lobby by Ninna Hoegh and walk together to  
The Danish Hospital for Rheumatic Diseases
- 19.00** Dinner for all participants at The Danish Hospital for Rheumatic Diseases and  
short presentations



## Contact informations

Jette Primdahl: +45 24 20 66 92  
Ann Bremander: +45 20 31 97 16  
Ninna Hoegh: +45 24 90 08 27

[www.centerforvidenomgigt.dk/en](http://www.centerforvidenomgigt.dk/en)

# MONDAY

8th of May

Breakfast at the hotel

<b>DHR</b>	<i>All meetings will be held at The Danish Hospital for Rheumatic Diseases (DHR), Engelshøjgade 9A, 6400 Sønderborg -Denmark</i>
<b>08.30 - 10.00</b>	Welcome to Sønderborg and programme presentation (Professor, Ann Bremander and Professor, Jette Primdahl)  Short presentation of participants' fields of interest and expectations for the visit  (Participants)  Short presentation of Danish Centre for Expertise in Rheumatology (Senior Project Manager, Ninna Hoegh)
<b>10.00 - 10.15</b>	Coffee/Tea break
<b>10.15 - 11.00</b>	Danish Hospital for Rheumatic Diseases – why is it special? (Professor, Oliver Hendricks)
<b>11.00 - 11.15</b>	Research at The Danish Hospital for Rheumatic Diseases (Professor, Oliver Hendricks)
<b>11.15 - 12.00</b>	Seminar: Rehabilitation in context – the importance of the multidisciplinary team and rehabilitation competences (Professor, Jette Primdahl)  Discussions concerning differences and similarities to your own country (all)
<b>12.00 - 12.45</b>	Lunch
<b>12.45 - 13.30</b>	Tour at The Danish Hospital for Rheumatic Diseases (in 2 groups)
<b>13.30 - 16.45</b>	Project presentations, 4 participants (15 min. presentation and 30 min. discussion - including coffee/tea break)
<b>16.45 - 17.15</b>	Reflections
<b>17.30 -</b>	Visit to “Point of view” at Alsik Hotel and a walk in Sønderborg  Dinner



# TUESDAY

9th of May

Breakfast at the hotel

*We will start at The Danish Hospital for Rheumatic Diseases (DHR)*

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|----------------------|--|
| <b>8.30 - 10.15</b>  | Project presentations, 2 participants (15 min. presentation and 30 min. discussion - including coffee/tea break) |
| <b>10.30 - 12.00</b> | Follow your fellow clinician   |
| <b>12.00 - 12.45</b> | Lunch  |
| <b>12.45 - 13.15</b> | Clinical reflections   |
| <b>13.15 - 14.15</b> | Seminar: Telemedicine and multidisciplinary care<br>(Professor, Annette de Thurah)                               |
| <b>14.15 - 14.30</b> | Coffe/Tea break  |
| <b>14.30 - 18.00</b> | Project presentations, 4 participants (15 min. presentation and 30 min. discussion)                              |
| <b>18.30</b>         | Dinner at DHR and social activities  |

# WEDNESDAY

10th of May

*We will start at The Danish Hospital for Rheumatic Diseases (DHR)*

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|----------------------|---|
| <b>8.30 - 9.30</b>   | Seminar: How to measure "quality of care"<br>(Professor, Ann Bremander)                                   |
| <b>9.30 - 10.30</b>  | Seminar: Social support opportunities in Denmark<br>(Social Worker, Hjördis Nielsen)                      |
| <b>10.30 - 10.45</b> | Coffee/Tea break  |
| <b>10.45 - 11.15</b> | Seminar: "Having arthritis and planning a family"<br>(Associate Professor, Karen Schreiber)               |
| <b>11.15 - 12.00</b> | Development of a vocational rehabilitation for patients with IA<br>(PhD Student Christina Tvede Madsen)   |
| <b>12.00 - 12.45</b> | Lunch   |
| <b>12.45 - 14.00</b> | Seminar: Intelligent Physical Exercise Training<br>(PhD Student, MSPT Sanel Teljigovic)                   |
| <b>14.00 - 16.30</b> | Visions and challenges for future multidisciplinary care<br>(Work in groups - including coffee/tea break) |
| <b>16.30 -</b>       | Walk & talk   |
| <b>18.00 -</b>       | Social programme: Interaction with patient research<br>partners and dinner                                |



# THURSDAY

11th of May

## Breakfast at hotel

*We will start at The Danish Hospital for Rheumatic Diseases (DHR)*

**8.30 - 10.00** Seminar: Why include patients as research partners?  
How do we collaborate with patient research partners at  
The Danish Hospital for Rheumatic Diseases?  
(Professor, Jette Primdahl and  
Adjunct Professor, Emma Dures)

## Experiences from your counties/research environment (all)

**10.00 - 10.15** Coffee/Tea break

**10.15 - 11.15** Seminar: Multidisciplinary treatment of fatigue and pain  
(Adjunct Professor, Emma Dures)

**11.15 - 12.15** Seminar: Self-management support as part of multidisciplinary care  
(Professor, Bente Appel Esbensen)

**12.15 - 13.00** Lunch

**13.00 - 14.00** "Wrap up" – Network and collaboration. Evaluation

**14.00** Coffee/Tea

