Research Department

&

Danish Centre for Expertise in Rheumatology

# **Educational Visit 2023**

# "The patients' need for a multidisciplinary team"

Learning objectives

- Get an insight into the organization of team rehabilitation and rehabilitation competences in Denmark, and discuss differences and similarities with your country and implications for research
  - Learn and share new and interesting research in arthritis rehabilitation
    - Present and discuss your research with fellow PhD students,
      Postdocs and Senior Researchers
  - Get insight into how to work with patient research partners and why
    - Extend your international research network

## Internal speakers



Oliver Hendricks Professor, MD & Research Leader University of Southern Denmark



Jette Primdahl Professor, RN



Ann Bremander
Professor, PT



Ninna Hoegh Senior Project Manager The Danish Centre for Expertise in Rheumatology



Karen Schreiber Associate Professor, MD University of Southern Denmark



Hjördis Nielsen Social Worker The Danish Centre for Expertise in Rheumatology



Christina Tvede Madsen PhD Student, OT University of Southern Denmark

### **Invited speakers**



Bente Appel Esbensen Professor, RN Copenhagen University Hospital – Rigshospitalet Glostrup & University of Copenhagen



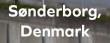
Annette de Thurah Professor Department of Rheumatology, Aarhus University Hospital



Emma Dures Adjunct Professor, Psychologist Bristol, UK & University of Southern Denmark



Sanel Teljigovic PhD Student, MSPT Department of Physiotherapy, University College Absalon, Næstved





**Afternoon** Arrival at Sønderborg

Transport on your own to and check in at Hotel Sønderborg Kaserne,

Gerlachsgade 8, 6400 Sønderborg, Denmark

18.45 You will be met in the lobby by Ninna Hoegh and walk together to

The Danish Hospital for Rheumatic Diseases

19.00 Dinner for all participants at The Danish Hospital for Rheumatic Diseases and

short presentations



## MONDAY 8th of May

#### Breakfast at the hotel

DHR	All meetings will be held at The Danish Hospital for Rheumatic Diseases (DHR), Engelshøjgade 9A, 6400 Sønderborg -Denmark
08.30 - 10.00	Welcome to Sønderborg and programme presentation (Professor, Ann Bremander and Professor, Jette Primdahl)
	Short presentation of participants' fields of interest and expectations for the visit
	(Participants)
	Short presentation of Danish Centre for Expertise in Rheumatology (Senior Project Manager, Ninna Hoegh)
10.00 - 10.15	Coffee/Tea break
10.15 - 11.00	Danish Hospital for Rheumatic Diseases – why is it special? (Professor, Oliver Hendricks)
11.00 - 11.15	Research at The Danish Hospital for Rheumatic Diseases (Professor, Oliver Hendricks)
11.15 - 12.00	Seminar: Rehabilitation in context – the importance of the multidisciplinary team and rehabilitation competences  (Professor, Jette Primdahl)
	Discussions concerning differences and similarities to your own country (all)
12.00 - 12.45	Lunch
12.45 - 13.30	Tour at The Danish Hospital for Rheumatic Diseases (in 2 groups)
13.30 - 16.45	Project presentations, 4 participants (15 min. presentation and 30 min. discussion - including coffee/tea break)
16.45 - 17.15	Reflections
17.30 -	Visit to "Point of view" at Alsik Hotel and a walk in Sønderborg
	Dinner



We will start at The Danish Hospital for Rheumatic Dise	ases (DHR)

08.00 - 09.30	Project presentations, 2 participants (15 min. presentation and 30 min. discussion)
09.30 - 09.45	Coffee/Tea break
09.45 -10.15	Seminar: "Having arthritis and planning a family"  (Associate professor, Karen Schreiber)
10.30 -12.00	Follow your fellow clinician
12.00 -12.45	Lunch
12.45 -13.15	Clinical reflections
13.15 -14.15	Seminar: Telemedicine and multidisciplinary care (Professor, Annette de Thurah)
14.15 -14.30	Coffee/Tea break
14.30 -18.00	Project presentations, 4 participants (15 min. presentation and 30 min. discussion)
18.30	Dinner at DHR and social activities

# **WEDNESDAY**

## 10th of May

We will start at The Danish Hospital for Rheumatic Diseases (DHR)

08.30 - 09.30	Seminar: How to measure "quality of care"
	(Professor, Ann Bremander)
09.30 - 10.30	Seminar: Social support opportunities in Denmark (Social Worker, Hjördis Nielsen)
10.30 -11.00	Coffee/Tea break with discussion
11.00 - 12.00	Development of a vocational rehabilitation for patients with IA  (PhD Student Christina Tvede Madsen)
12.00 - 12.45	Lunch
12.45 -14.00	Seminar: Intelligent Physical Exercise Training (PhD Student, MSPT Sanel Teljigovic)
14.00 -16.30	Visions and challenges for future multidisciplinary care (Work in groups - including coffee/tea break)
16.30 -	Walk & talk
18.00 -	Social programme: Interaction with patient research partners and dinner



#### **Breakfast at hotel**

We will start at The Danish Hospital for Rheumatic Diseases (DHR)

**8.30 - 10.00** Seminar: Why include patients as research partners?

How do we collaborate with patient research partners at

The Danish Hospital for Rheumatic Diseases?

(Professor, Jette Primdahl and Adjunct Professor, Emma Dures)

#### Experiences from your counties/research environment (all)

10.00 - 10.15	Coffee/Tea break
10.15 - 11.15	Seminar: Multidisciplinary treatment of fatigue and pain (Adjunct Professor, Emma Dures)
11.15 - 12.15	Seminar: Self-management support as part of multidisciplinary care (Professor, Bente Appel Esbensen)
12.15 - 13.00	Lunch
13.00 - 14.00	"Wrap up" - Network and collaboration. Evaluation
14.00	Coffee/Tea