

Danish Centre for  
Expertise in Rheumatology

Danish Hospital  
for Rheumatic Diseases



Programme

# Educational Visit 2025

## Reproductive Healthcare & Family Planning



**SUNDAY**  
30<sup>th</sup> of March

## WELCOME TO SØNDERBORG, DENMARK

**18:00 – 19:00**

Arrival to Sønderborg Airport | Bus transfer to the hotels

**19:00 – 21:30**

Dinner & Round of introductions

Presentation and Tour of Dansk Gigthospital

(Afshin Ashouri-Christiansen – CEO of Dansk Gigthospital)

Dessert & Hot drinks

Return walk to the hotels

# MONDAY

31<sup>st</sup> of March

*Venue: University of Southern Denmark (morning) |  
Public Library (Biblioteket Sønderborg) (afternoon)*

08.45 – 09.00	Opening remarks
09.00 – 09.15	Welcome by Erik Lauritzen, the Mayor of Sønderborg
09.15 – 09.45	Welcome by Lars Tveen, CEO Bitten & Mads Clausen's Foundation
09.45 – 10.00	Overview of the programme
10.00 – 10.15	Break
10.15 – 10.45	Opening Lecture: "The early days of reproductive rheumatology, a history and some reflections on the challenges of research" (Monika Østensen)
10.45 – 11.15	The Patient Perspective: "Being a woman and a patient: the unmet needs in the reproductive journey" (Silvia Aguilera)
11.15 – 12.00	Plenary discussion moderated by Anca Bobirca & Luis-Fernando Perez-Garcia
12.00 – 13.00	Lunch
13.00 – 14.00	Introduction to the workshops (Anca Bobirca, Francesca Crisafulli, Christine Graversgård, Dina Husum, Luis-Fernando Perez-Garcia, Savino Sciascia)
14.00 – 15.00	Walk & Talk to the Library
15.00 – 18.00	Team building activity with a special guest
18.00 – 21.00	Dinner

# TUESDAY

1<sup>st</sup> of April

## *Venue: University of Southern Denmark*

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| 08.45 - 09.00 | Opening remarks  |
| 09.00 - 09.30 | The Obstetric Physician on stage: "Protecting pregnant women through research and not from research": what has been changing after more than 60 years from the thalidomide scandal?" (Catherine Nelson-Piercy)                             |
| 09.30 - 09.55 | Plenary discussion moderated by Nanna Surlemont-Schmidt & Laura Andreoli   |
| 09.55 - 10.10 | Break  |
| 10.10 - 10.40 | The Scientist on stage: "From bench to bedside and back: what's on the horizon in reproductive rheumatology?" (Anne Trolborg)  |
| 10.40 - 11.05 | Plenary discussion moderated by Francesca Crisafulli and Massimo Radin   |
| 11.05 - 11.35 | "Key points of rehabilitation, self-management and development of new complex non-pharmacological interventions in rheumatology" (Ann Bremander and Jette Primdahl)  |
| 11.35 - 12.00 | Plenary discussion focusing on the relevance of rehabilitation in reproductive health care and how to design a framework for the development of complex interventions; moderated by Silvia Aguilera, Christine Graversgård, and Dina Husum |
| 12.00 - 13.00 | Lunch  |
| 13.00 - 17.00 | Workshop 1: "Clinician - Patient communication on reproductive health: let's spot challenges and pitfalls in difficult clinical cases" - Participants split into 4 groups  |
| 17.00 - 18.00 | Visit to the viewpoint at Alsik  |
| 18.00 - 19.00 | Free time  |
| 19.00 - 21.00 | Dinner   |

# WEDNESDAY

2<sup>nd</sup> of April

## *Venue: Alsion – University of Southern Denmark*

08.45 – 09.00	Opening remarks
09.00 – 09.30	The Rheumatologist on stage: “How to communicate uncertainty in the use of antirheumatic drugs in reproduction, pregnancy and lactation: tricks and tips for shared decision making” (Angela Tincani)
09.30 – 09.55	Plenary discussion moderated by Irene Cecchi and Karen Schreiber
09.55 – 10.10	Break
10.10 – 10.40	The Haematologist on stage: “Navigating between clotting and bleeding: the benefit-risk assessment of anti-thrombotic treatments in APS and aPL carriers” (Beverley Hunt)
10.40 – 11.05	Plenary discussion moderated by Dina Husum, Karen Schreiber and Laura Andreoli
11.05 – 11.35	Ob-Rheum Dialogue: “What rheumatologists and obstetricians need to learn from each other: Take aways from joint experiences in Denmark” (Jacob Lykke and Anne Voss)
11.35 – 12.00	Plenary discussion moderated by Christine Graversgård and Anne-Emilie Pape-Secher
12.00 – 13.00	Lunch
13.00 – 16.30	Workshop 2: “Key points for effective Clinician – Patient communication on reproductive health: let’s turn them into educational material” - Participants split into 4 groups
16.30 – 18.00	Walk & Talk while exploring the history of Sønderborg
18.00 – 19.00	Free time
19.00 – 21.00	Dinner

# THURSDAY

3<sup>rd</sup> of April

*Venue: Dansk Gigthospital – Danish Hospital for Rheumatic Diseases*

08.45 – 09.00	Opening remarks
09.00 – 10.00	Feedback from the workshops (15 minutes for each group)
10.00 – 10.15	Break
10.15 – 11.00	Plenary discussion and future directions
11.00 – 11.30	Wrap-up and post-event survey (Karen Schreiber and Laura Andreoli)
11.30 – 11.45	“Grab your lunch bag” and departure of the bus transfer to Sønderborg airport
13.30	Flight to Copenhagen

## ***FACULTY (in surname alphabetical order)***

**Silvia Aguilera** – Patient Representative, Spanish Antiphospholipid Syndrome Association - SAF España (Spain, Switzerland)

**Laura Andreoli** – Associate Professor of Rheumatology (Brescia, Italy & Denmark)

**Anca Bobirca** – Assistant Professor of Rheumatology (Bucharest, Romania)

**Ann Bremander** – Professor of Rehabilitation (Sønderborg, Denmark & Lund, Sweden).

**Irene Cecchi** – Assistant Professor of Clinical Pathology (Turin, Italy).

**Francesca Crisafulli** – Rheumatologist and Post-Doc Research Fellow (Brescia, Italy)

**Christine Graversgård** – PhD student (Sønderborg, Denmark)

**Beverley Hunt** – Professor of Haematology (London, United Kingdom)

**Dina Husum** – PhD student (Sønderborg, Denmark)

**Jacob Lykke** – Associate Professor of Obstetrics and Gynaecology (Copenhagen, Denmark)

**Catherine Nelson-Piercy** – Professor of Obstetric Medicine (London, United Kingdom)

**Monika Østensen** – Emeritus Professor of Rheumatology (Kristiansand, Norway)

**Anne Emilie Pape Secher** – PhD student (Copenhagen, Denmark)

**Luis-Fernando Perez-Garcia** – Rheumatologist and Post-Doc Research Fellow (Rotterdam, The Netherlands)

**Jette Primdahl** – Professor of Rehabilitation in Rheumatology (Sønderborg, Denmark)

**Massimo Radin** – Assistant Professor of Clinical Pathology (Turin, Italy)

**Karen Schreiber** – Associate Professor of Rheumatology (Sønderborg, Denmark)

**Savino Sciascia** – Professor of Nephrology (Turin, Italy)

**Nanna Surlemont-Schmidt** – PhD student (Copenhagen, Denmark)

**Angela Tincani** – Emeritus Professor of Rheumatology (Brescia, Italy)

**Anne Trolborg** – Associate Professor of Rheumatology (Århus, Denmark)

**Anne Voss** – Associate Professor of Rheumatology (Odense, Denmark)